

**YOU MUST NOTIFY OUR OFFICE WITHIN 72 HOURS OF APPOINTMENT IF YOUR INSURANCE REQUIRES  
A PRE-AUTHORIZATION OR NOTIFICATION.**

Patient is advised to check with your insurance provider to verify benefits and confirm  
that Dr. Kenneth Buchi and the Facility are participating on your plan.

**KENNETH N. BUCHI, M.D. & ERIC E. HEATON, PA-C GASTROENTEROLOGY**

**Phone: 801-233-8233 Fax:801- 565-3663**

## **EGD PREPARATION**

Name: \_\_\_\_\_ Appointment Date: \_\_\_\_\_ Estimated\* Procedure Time: \_\_\_\_\_

ESTIMATED \*ARRIVAL / CHECK-IN Time: \_\_\_\_\_ at ONE of the following locations:

Salt Lake Endoscopy Center – 24 South 1100 East Suite 103, SLC, UT 84102 - 801-355-2987

Medical Plaza Bldg (on the corner of South Temple & 1100 East)

Jordan Valley Hospital and Medical Center - 3580 W 9000 S West Jordan, UT 84088 - 801-561-8888

Out-Patient Entrance South side of Hospital, next to the Emergency entrance

**\*THE FACILITY WILL CALL YOU THE DAY PRIOR TO YOUR PROCEDURE TO CONFIRM YOUR ARRIVAL TIME / LOCATION\***

**\*\*Because you will receive sedating medication/narcotics through and IV during your procedure. It is required by law that you have a responsible adult drive you home. This is because your judgment and reflexes may be impaired, you may be somewhat groggy and dizzy, and may feel tired for about 24 hours after your procedure.**

### **PLEASE READ INSTRUCTIONS CAREFULLY BEFORE YOUR ENDOSCOPY**

#### **Special Instruction:**

- Do not eat or drink anything after midnight on the night before your procedure.
- Bring someone to drive you home.
- Check into Outpatient Registration *at least 1 hour prior* to your appointment. *Your procedure time may change as scheduling changes up to the day of your appointment.*
- Please allow one and a half hours for your procedure.
- Please fill out Patient Information sheets and give them to Dr. Buchi at the time of your procedure.

#### **Medications Beginning ONE WEEK Before Your Procedure:**

- If you are taking **Plavix (Clopidogrel-generic)** contact your prescribing physician about stopping or taking an alternative medication. **You need to be off of this medication 7 days before your procedure.**
- If you are taking iron or any vitamin supplements containing **IRON**, **STOP these 5 days** before your procedure.
- If you are taking **Coumadin (Warfarin-generic)**, contact your prescribing physician about stopping or taking an alternative medication. **You need to be off of this medication beginning 4 days before your procedure.**
- If you are taking Aspirin, Ibuprofen, or any NSAID medications please discontinue **7 days before your procedure.**
- If you are **diabetic and using insulin**, please **reduce by HALF your morning dose of Long acting insulin on the DAY OF your procedure.** If you have further questions or concerns about your insulin management please contact your primary care provider for further instructions.

## DAY OF EGD

- Do not take your prescription medications until you arrive home after your procedure.
- Please bring a list of your current medications with you to the procedure for the nurse to review.
- No further liquids may be consumed prior to your procedure or it will need to be cancelled / rescheduled

**THANK YOU** for choosing Dr. Kenneth Buchi, Eric E. Heaton, PA-C and staff for your health care needs. Our goal is to provide you with excellent care. If you have any questions or concerns, please call our office at 801-233-8233 between the hours of 8:30am and 4:00pm Monday through Friday.

# Upper Endoscopy



National  
Institute of  
Diabetes and  
Digestive  
and Kidney  
Diseases

National  
Digestive  
Diseases  
Information  
Clearinghouse  
2 Information Way  
Bethesda, MD  
20892-3570

Tel:  
(301) 654-3810  
Fax:  
(301) 907-8906  
E-mail:  
nddic@info.niddk.nih.gov

NATIONAL  
INSTITUTES  
OF HEALTH

## National Digestive Diseases Information Clearinghouse

### Upper Endoscopy

Upper endoscopy enables the physician to look inside the esophagus, stomach, and duodenum (first part of the small intestine). The procedure might be used to discover the reason for swallowing difficulties, nausea, vomiting, reflux, bleeding, indigestion, abdominal pain, or chest pain. Upper endoscopy is also called EGD, which stands for esophagogastroduodenoscopy (eh-SAH-fuh-goh-GAS-troh-doo-AH-duh-NAH-skuh-pee).

For the procedure you will swallow a thin, flexible, lighted tube called an endoscope (EN-doh-scope). Right before the procedure the physician will spray your throat with a numbing agent that may help prevent gagging. You may also receive pain medicine and a sedative to help you relax during the exam. The endoscope transmits an image of the inside of the esophagus, stomach, and duodenum, so the physician can carefully examine the lining of these organs. The scope also blows air into the stomach; this expands the folds of tissue and makes it easier for the physician to examine the stomach.

The physician can see abnormalities, like ulcers, through the endoscope that don't show up well on x-rays. The physician can also insert instruments into the scope to remove samples of tissue (biopsy) for further tests.

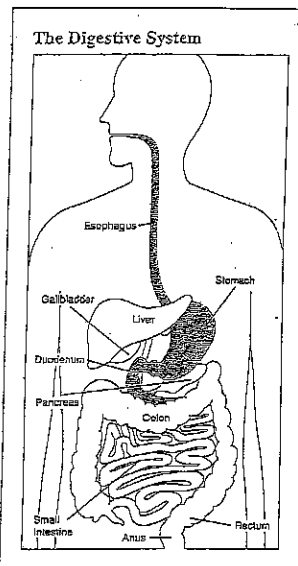
Possible complications of upper endoscopy include bleeding and puncture of the stomach lining. However, such complications are rare. Most people will probably have nothing more than a mild sore throat after the procedure.

The procedure takes 20 to 30 minutes. Because you will be sedated, you will need to rest at the physician's office for 1 to 2 hours until the medication wears off.

### Preparation

Your stomach and duodenum must be empty for the procedure to be thorough

and safe, so you will not be able to eat or drink anything for at least 6 hours beforehand. Also, you must arrange for someone to take you home—you will not be allowed to drive because of the sedatives. Your physician may give you other special instructions.



Your physician has fact sheets on other diagnostic tests:

- Colonoscopy
- ERCP
- Lower GI Series
- Sigmoidoscopy
- Upper GI Series



U.S. DEPARTMENT  
OF HEALTH AND  
HUMAN SERVICES  
National Institutes  
of Health

NIDDK Publication  
No. 98-4333  
June 1998

**NOTE: You will receive two bills:** One from Dr. Buchi, and one from the facility and for lab and pathology if specimens are taken. These are separate charges. Please consult your insurance company if you have any questions regarding payment. Dr. Buchi has a financial interest in both Jordan Valley Hospital and the Salt Lake Endoscopy Center. If you prefer another physician or facility, please let us know.